

**Midweek Study Lesson Questions 01/21/2026**

**Sunday January 25, 2026**

**ARISE AND WALK, Matthew 9: 1 - 7**

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**I. Getting to Know “Yourself”**

Can you share a time when you had to go against what the physical world showed versus what the Lord said to do?

**Explain the following points from Sunday’s sermon.**

**I am The Lord God that healeth thee. –**

**When Jesus saw their faith -**

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**Observation Question**

When the paralyzed man was lowered to Jesus, what was the very first thing Jesus said to him? How did the scribes in the room react to Jesus' words?

**Interpretation Question**

The sermon emphasized the "daring faith" of the friends who tore up a roof to reach Jesus. What does their persistent and costly action suggest about the nature of intercessory faith and what it sometimes takes to bring someone to Christ?

**Application Question**

The sermon encouraged us not to be "content with surface fixes." What is one specific spiritual habit or practice you could adopt or deepen this week to pursue deeper spiritual healing and reconciliation with God?

**AMMO**

[Isaiah 35:5](#) Then the eyes of the blind shall be opened, and the ears of the deaf shall be unstopped.<sup>6</sup> Then shall the lame *man* leap as an hart, and the tongue of the dumb sing: for in the wilderness shall waters break out, and streams in the desert.

## MORE AMMO

[Exodus 15:26](#): *If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you.*

[Psalm 103:3-5](#). Who forgiveth all thine iniquities, who healeth all thy diseases? <sup>4</sup>Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies? <sup>5</sup>Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's?

[Luke 5:17](#) And it came to pass on a certain day, as he was teaching, that there were Pharisees and doctors of the law sitting by, which were come out of every town of Galilee, and Judaea, and Jerusalem: and the power of the Lord was *present* to heal them. **8** And, behold, men brought in a bed a man which was taken with a palsy: and they sought *means* to bring him in, and to lay *him* before him. **19** And when they could not find by what *way* they might bring him in because of the multitude, they went upon the housetop, and let him down through the tiling with *his* couch into the midst before Jesus. **20** And when he saw their faith, he said unto him, **Man, thy sins are forgiven thee.** **21** And the scribes and the Pharisees began to reason, saying, Who is this which speaketh blasphemies? Who can forgive sins, but God alone?

**22** But when Jesus perceived their thoughts, he answering said unto them, **What reason ye in your hearts? 23 Whether is easier, to say, Thy sins be forgiven thee; or to say, Rise up and walk? 24 But that ye may know that the Son of man hath power upon earth to forgive sins,** (he said unto the sick of the palsy,) **I say unto thee, Arise, and take up thy couch, and go into thine house.**

[Luk 5:25](#) And immediately he rose up before them, and took up that whereon he lay, and departed to his own house, glorifying God. **26** And they were all amazed, and they glorified God, and were filled with fear, saying, We have seen strange things to day.

### Key Takeaways

- Forgiveness precedes outward physical healing

Forgiveness addresses the root problem that even visible afflictions point to: estrangement from God. When Jesus forgives first, He demonstrates that spiritual restoration is foundational and reshapes how someone lives after physical healing. This ordering teaches that the most urgent cure is reconciled relationship, which then sustains bodily wellness and renewed purpose.

- Faith of friends effects restoration

The paralyzed man's rescue came through the risky faith of others who acted on behalf of someone unable to move. Intercession is not passive wishing but physical, costly

involvement that opens doors. A faithful community will sometimes dismantle roofs to bring the hurting into Christ's presence.

- Jesus claims authority over heart

Jesus reads hearts and names sin before offering a visible sign; this underscores His jurisdiction over conscience and moral reality. Authority to forgive carries with it an ethical summons — to receive mercy and to reorient behavior and devotion. Recognizing His claim prompts honest self-examination rather than mere admiration.

- Visible miracles confirm invisible realities

Physical healings make tangible what would otherwise remain hidden: the reality of God's reign and the truth of forgiveness. Miracles function as signs pointing beyond themselves to the kingdom's deeper work inside people. They invite belief that is not satisfied with spectacle but seeks the invisible healing at their center.